

How to manifest using the moon Worksheets

- Write down the month & year. This will allow you to keep track of your progress moving forward and looking back.
- Every month during the new & full moon to find out what zodiac sign that moon will be located in.
- Pull tarot cards or oracle cards from your personal deck (let your intuition be your guide) for guidance on the theme and for each moon phase.
- Write down your theme or goal for this moon. This will help you keep focus.
- There is a simple spell to manifest your intentions during the New & Full moon or feel free to create your own.
- The arrows point you toward a notes area to write down information or plans to utilize during each phase
- Create an affirmation to meditate on daily during each phase. Affirmations put you in a mindset of achievement. (I suggest using a mala, prayer beads or a rosary)
- At the end of the New & Full moon phases, take a moment to evaluate. Focusing on the areas that need more attention, the accomplishments made & wisdom you have gained.



Month/Year _____



New Moon is in _____



Card(s) Pulled



- Set new goals & intentions
- Planning ahead for the future
- New Beginnings

Theme for the New Moon



- Set intentions
- New moon ritual



Affirmation: _____
Example: I am open to the guidance of the Universe



What I need more love & attention



What I guidance have I received to move forward

